

Introduction

Introduction to Pain training in the West of Scotland

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Pain Medicine is part of the curriculum for all anaesthetic trainees throughout their training. All trainees must complete basic and intermediate pain training in CT1-ST4. Higher and Advanced training are optional.

All anaesthetic trainees should attend acute pain rounds throughout training. Ideally these should be equivalent to one round each quarter. All pain rounds must be noted in the pain logbook.

The revised **Basic** pain curriculum requires an introduction to the biopsychosocial model of pain and some pain clinic visits are required e.g. two per year in CT1 and 2.

Intermediate Pain Training as an ST3/4 consists of a minimum total of 20 acute and chronic pain sessions.

Higher training is an optional 2-3 month rotation, which can have an acute or chronic pain focus, so if you are interested please email lisa.manchanda@ggc.scot.nhs.uk, she will liaise with the Training Programme Director to organise this during your ST5/ST6 time.

It is essential to complete a **Higher** block prior to commencing the **Advanced** training year which can be undertaken in ST6 or ST7.

Local pain meetings include the evening **West Of Scotland Pain Group** on the last Wednesday of the month, Oct/ Nov/ Jan/ Feb (hot buffet included).

<https://www.facebook.com/WestOfScotlandPainGroup/>

There are also biannual North British Pain Association (held in Edinburgh) and Scottish Society for Acute Pain meetings which are linked on the WOSSA page. www.jet5.com

Please visit our local pain website www.paindata.org for more resources.